

Hazel Crest SD 152.5

Lunch Menu SEPTEMBER 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
LABOR DAY NO SCHOOL	Sloppy Joe on a Bun Or Chicken Tenders Tri-Tater (2) Fresh Fruit & Veggie Bar	Grilled Cheeseburger Or Spicy Chicken on a Roll Seasoned Green Beans Fresh Fruit & Veggie Bar	Salisbury Steak mashed Potatoes/Gravy Or Cheesy Garlic Flatbread Fresh Fruit & Veggie Bar	Cheese Pizza Or Walking Taco w/ Scoops Steamed Broccoli Salsa/Black Beans Fresh Fruit & Veggie Bar
10	11	12	13 Fiesta Day	14
Juicy Cheddar Burger Or Turkey Sausage Pizza Fresh Fruit & Veggie Bar	**Popcorn Chicken Or Cheesy Hot Dog Garlic Green Beans Fresh Fruit & Veggie Bar	Baked Rotini Or Stuffed Crust Pizza Tri-Tater (1) Fresh Fruit & Veggie Bar	Fiesta Nachos Or Chicken Quesadilla Seasoned Black Beans Fiesta Corn Fresh Fruit & Veggie Bar	Pizza Burger Or **Baked Chicken Tenders Tri-Tater (1) Fresh Fruit & Veggie Bar
17	18	19 New Item	20	21
Chicken Gyro Pita Or Soft Shell Zesty Tacos Refried Beans Fresh Fruit & Veggie Bar	Turkey Sub w/ Toppings Or **Chicken Tenders Steamed Cauliflower Tri-Tater (1) Fresh Fruit & Veggie Bar	Malibu Chicken Sandwich Or Pepperoni Pizza Fresh Fruit & Veggie Bar	Meatballs/Country Gravy Or Turkey/Country Gravy Mashed Potatoes Fresh Fruit & Veggie Bar	Spicy Chicken Sandwich Or Cheese Pizza Seasoned Green Beans Fresh Fruit & Veggie Bar
24	25	26	27	28
Western Burger Or *BBQ Pulled Pork Seasoned Corn Black Beans Fresh Fruit & Veggie Bar	Crispy Chicken on a Roll Or *BBQ Ribbette Tri-Tater (1) Fresh Fruit & Veggie Bar	Raviolis in Marinara Sauce Or Parmesan Chicken/ Roll Steamed Broccoli Fresh Fruit & Veggie Bar	Crunchy Mini Corn Dogs Or Fiesta Nachos w/ Top- pings Refried Beans	Cheese Pizza Or Baked Fish on a Bun Fresh Fruit & Veggie Bar

Offered Daily:
Fresh Salads, Delis
& Wraps

Questions about the menu?
Kenyetta Brown
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708-825-2166

For more information
or to "Ask the Dietitian",
check out our website!




Comprehensive
nutrition & allergy
guides are
available in the
Foodservice Office.

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.

