



Hazel Crest 152.5

September 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 No School	4 Pancakes Fresh Fruit 100% Fruit Juice	5 Banana Bread Fresh Fruit 100%v Juice Or Hot Oat Meal	6 Egg and Cheese on a English Muffin Fresh Fruit 100%v Fruit Juice	7 Breakfast Burrito Fresh Fruit 100% Fruit Juice
10 Apple Oat Bar Red Apple 100% Fruit Juice Or Hot Grits	11 French Toast Fresh Fruit 100% Fruit Juice	12 Chocolate Chip Oat Bar Fresh Fruit 100% Fruit Juice Or Hot Oat Meal	13 Strawberry Pancakes Banana 100% Fruit Juice	14 Blueberry Pomegranate Oat Bar Apple Sauce Cup 100% Fruit Juice Or Honey Chicken on a Biscuit
17 String Cheese Scooby Doo Graham Fresh Fruit 100% Fruit Juice Or Grits	18 Blueberry Waffles Fresh Fruit 100% Fruit Juice	19 Yogurt Vanilla Graham Bear Fresh Fruit 100% Fruit Juice Or Oat Meal	20 Maple Waffles Fresh Fruit 100% Fruit Juice	21 Warm Bagel American Cheese Apple Sauce 100% Fruit Juice
24 Blueberry Muffin Top Fresh Fruit 100% Fruit Juice Or Hot Grits	25 Triple Berry French Toast Fresh Fruit 100% Fruit Juice	26 Multi Grain Cheerio Bar Fresh Fruit 100% Fruit Juice Or Hot Oat Meal	27 Chocolate Chip French Toast Applesauce Cups 100% Fruit Juice	28 Pancakes Fresh Fruit 100% Fruit Juice Or Honey Chicken on a Biscuit

Daily Option:
Egg & Sausage Muffin
Or
Assorted Cereals

Questions about the menu?
Kenyetta Brown
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For more information or to
"Ask the Dietitian", check



Comprehensive nutrition &
allergy guides are
available in the
Foodservice Office.

(*) Contains Pork
Menu changes are occasionally
necessary. Notice will be given when
possible.