



Hazel Crest 152.5

October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Burrito Fresh Fruit 100% Fruit Juice	2 Pancakes Fresh Fruit 100% Fruit Juice	3 Banana Bread Fresh Fruit 100% Fruit Juice Or Hot Oatmeal	4 Egg and Cheese on an English Muffin Fresh Fruit 100% Fruit Juice	5 SCHOOL IMPROVEMENT DAY NO SCHOOL
8 COLUMBUS DAY NO SCHOOL	9 French Toast Fresh Fruit 100% Fruit Juice	10 Chocolate Chip Oat Bar Fresh Fruit 100% Fruit Juice Or Hot Oatmeal	11 Strawberry Pancakes Banana 100% Fruit Juice	12 Blueberry Pomegranate Oat Bar Applesauce Cup 100% Fruit Juice Or Honey Chicken on a Biscuit
15 String Cheese Scooby Doo Graham Fresh Fruit 100% Fruit Juice Or Hot Grits	16 Blueberry Waffles Fresh Fruit 100% Fruit Juice	17 Yogurt Vanilla Graham Bear Fresh Fruit 100% Fruit Juice Or Oatmeal	18 Maple Waffles Fresh Fruit 100% Fruit Juice	19 Warm Bagel American Cheese Applesauce 100% Fruit Juice
22 Blueberry Muffin Top Fresh Fruit 100% Fruit Juice Or Hot Grits	23 Triple Berry French Toast Fresh Fruit 100% Fruit Juice	24 Multi Grain Cheerio Bar Fresh Fruit 100% Fruit Juice Or Hot Oatmeal	25 Chocolate Chip French Toast Applesauce Cups 100% Fruit Juice	26 PARENT/TEACHER CONFERENCE NO SCHOOL
29 Breakfast Burrito Fresh Fruit 100% Fruit Juice	30 Pancakes Fresh Fruit 100% Fruit Juice	31 Banana Bread Fresh Fruit 100% Fruit Juice Or Hot Oatmeal		

Daily Option:
Egg & Sausage Muffin
 Or
Assorted Cereals

Questions about the menu?
 Kenyetta Brown
 kbrown@sd1525.org
 708-825-2166

For more information or to
 "Ask the Dietitian", check
 out our website!




Comprehensive nutrition
 & allergy guides are
 available in the
 Foodservice Office.

(*) Contains Pork

Menu changes are occasionally
 necessary. Notice will be given when
 possible.