



# Hazel Crest 152.5

November 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast Fresh Fruit 100% Fruit Juice	2 Cereal Bar Fresh Fruit 100% Fruit Juice
5 String Cheese Scooby Doo Graham Fresh Fruit 100% Fruit Juice	6 Blueberry Waffles Fresh Fruit 100% Fruit Juice	7 Yogurt Vanilla Graham Bear 100% Fruit Juice	8 Maple Waffles Fresh Fruit 100% Fruit Juice	9 Strawberry Yogurt Cheerios Mix Applesauce 100% Fruit Juice
12 Veterans' Day No School	13 Triple Berry French Toast Fresh Fruit 100% Fruit Juice	14 Multi Grain Cheerio Bar Fresh Fruit 100% Fruit Juice	15 Chocolate Chip French Toast Applesauce Cups 100% Fruit Juice	16 Pancakes Fresh Fruit 100% Fruit Juice
19 Apple Oat Bar Red Apple 100% Fruit Juice	20 French Toast Fresh Fruit 100% Fruit Juice	21 THANKSGIVING RECESS NO SCHOOL	22 THANKSGIVING RECESS NO SCHOOL	23 THANKSGIVING RECESS NO SCHOOL
26 Chocolate Chip Oat Bar Fresh Fruit 100% Fruit Juice	27 Strawberry Pancakes Banana 100% Fruit Juice	28 Blueberry Pomegranate Oat Bar Applesauce Cup 100% Fruit Juice	29 Maple Pancakes Applesauce Cups 100% Fruit Juice	30 Blueberry Muffin Top Fresh Fruit 100% Fruit Juice

**Daily Option:  
Hot Egg, Cheese  
& Sausage Muffin**

Questions about the menu?  
Kenyatta Brown  
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708-825-2166

For more information or to  
"Ask the Dietitian", check  
out our website!




Comprehensive nutrition  
& allergy guides are  
available in the  
Foodservice Office.

(\*) Contains Pork  
Menu changes are occasionally  
necessary. Notice will be given when  
possible.