

Hazel Crest SD 152 1/2

Lunch Menu

January 2019





Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL
7	8	9	10	11
Cheese Pizza Or Walking Taco w/Scoops Steamed Broccoli Salsa/Black Beans Fresh Fruit & Veggie Bar	Grilled Cheeseburger Or Spicy Chicken on a Roll Seasoned Green Beans Fresh Fruit & Veggie Bar	Cheesy Macaroni Or Stuffed Crust Pizza Tri-Tater (1) Fresh Fruit & Veggie Bar	Fiesta Nachos Or Soft Shell Tacos Seasoned Black Beans Fiesta Corn Fresh Fruit & Veggie Bar	Beef Casserole Or Stuffed Pizza Sticks Green Beans Fresh Fruit & Veggie Bar
14	15	16	17	18
Walking Taco w/Scoops Or Soft Shell Zesty Tacos Refried Beans Fresh Fruit & Veggie Bar	Spicy Chicken Sandwich Or **Chicken Nuggets Steamed Carrots Tri-Tater (1) Fresh Fruit & Veggie Bar	Beef Patty Melt Or Cheese Quesadilla Sweet Corn Fresh Fruit & Veggie Bar	Meatballs/Country Gravy Or Turkey/Country Gravy Mashed Potatoes Fresh Fruit & Veggie Bar	Pepperoni Pizza Or Cheese Pizza Seasoned Green Beans Fresh Fruit & Veggie Bar
21	22	23	24	25
Dr. Martin Luther King Day No school	Grilled Chicken Sandwich Or *BBQ Ribette Tri-Tater (1) Fresh Fruit & Veggie Bar	Bacon Cheeseburger Or Parmesan Chicken Steamed Broccoli Fresh Fruit & Veggie Bar	Broccoli Chicken Rice Or Fiesta Nachos w/Toppings Refried Beans Fresh Fruit & Veggie Bar	Meatball Sub Or Turkey Sub Fresh Fruit & Veggie Bar
28	29	30	31	
Teacher Institute No School	Crunchy Mini Corn Dogs Or Grilled Cheeseburger Steamed Carrot Coins Tri Tater (1) Fresh Fruit & Veggie Bar	**Chicken Tenders Or Turkey Pepperoni Pizza Steamed Broccoli Fresh Fruit & Veggie Bar	Salisbury Steak Sandwich Or Cheesy Garlic Flatbread Fresh Fruit & Veggie Bar	

Offered Daily:
Fresh Salads,
Delis & Wraps

Questions about the menu?
Kenyetta Brown
kbrown@sd1525.org
708-825-2166

For more information
or to "Ask the Dietitian",
check out our website!

Comprehensive
nutrition & allergy
guides are
available in the
Foodservice Office.

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.

