



Hazel Crest 152.5

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL
7	8	9	10	11
Apple Oat Bar Red Apple 100% Fruit Juice	Blueberry Waffles Fresh Fruit 100% Fruit Juice	Yogurt Vanilla Graham Bear 100% Fruit Juice	Maple Waffles Fresh Fruit 100% Fruit Juice	Strawberry Yogurt Cheerios Mix Applesauce 100% Fruit Juice
14	15	16	17	18
Chocolate Chip Oat Bar Fresh Fruit 100% Fruit Juice	Triple Berry French Toast Fresh Fruit 100% Fruit Juice	Multi Grain Cheerio Bar Fresh Fruit 100% Fruit Juice	Chocolate Chip French Toast Applesauce Cups 100% Fruit Juice	Apple Oat Bar Red Apple 100% Fruit Juice
21	22	23	24	25
Dr. Martin Luther King Day No School	Strawberry Yogurt Vanilla Graham Bear 100% Fruit Juice	Cereal Bar Applesauce Cups 100% Fruit Juice	French Toast Fresh Fruit 100% Fruit Juice	Chocolate Chip Oat Bar Fresh Fruit 100% Fruit Juice
28	29	30	31	
Teacher Institute Day No School	French Toast Applesauce Cups 100% Fruit Juice	Blueberry Muffin Top Fresh Fruit 100% Fruit Juice	Strawberry Pancakes Banana 100% Fruit Juice	

Daily Option:
Hot, Egg, Cheese,
Sausage Muffin

Questions about the menu?
Kenyatta Brown
kbrown@sd1525.org
708-825-2166

For more information or to
"Ask the Dietitian", check
out our website!




Comprehensive nutrition
& allergy guides are
available in the
Foodservice Office.

(*) Contains Pork
Menu changes are occasionally necessary.
Notice will be given when possible.
This institution is an equal opportunity
employer.