



Hazel Crest 152.5

December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 Chocolate Chip Oat Bar Fresh Fruit 100% Fruit Juice	4 Strawberry Pancakes Banana 100% Fruit Juice	5 Blueberry Muffin Top Fresh Fruit 100% Fruit Juice	6 French Toast Fresh Fruit 100% Fruit Juice	7 Cereal Bar Fresh Fruit 100% Fruit Juice
10 Apple Oat Bar Red Apple 100% Fruit Juice	11 Blueberry Waffles Fresh Fruit 100% Fruit Juice	12 Yogurt Vanilla Graham Bear 100% Fruit Juice	13 Maple Waffles Fresh Fruit 100% Fruit Juice	14 Strawberry Yogurt Cheerios Mix Applesauce 100% Fruit Juice
17 Chocolate Chip Oat Bar Fresh Fruit 100% Fruit Juice	18 Triple Berry French Toast Fresh Fruit 100% Fruit Juice	19 Multi Grain Cheerio Bar Fresh Fruit 100% Fruit Juice	20 Chocolate Chip French Toast Applesauce Cups 100% Fruit Juice	21 WINTER BREAK NO SCHOOL
24 WINTER BREAK NO SCHOOL	25 WINTER BREAK NO SCHOOL	26 WINTER BREAK NO SCHOOL	27 WINTER BREAK NO SCHOOL	28 WINTER BREAK NO SCHOOL
31 WINTER BREAK NO SCHOOL				

Daily Option:
Hot, Egg, Cheese,
Sausage Muffin

Questions about the menu?
Kenyatta Brown
kbrown@sd1525.org
708-825-2166

For more information or to
"Ask the Dietitian", check
out our website!




Comprehensive nutrition
& allergy guides are
available in the
Foodservice Office.

(*) Contains Pork

Menu changes are occasionally necessary.
Notice will be given when possible.

This institution is an equal opportunity employer.