



Hazel Crest 152.5

August 2018



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
String Cheese Scooby Doo Graham Fresh Fruit 100% Fruit Juice Or Hot Grits	Blueberry Waffles Fresh Fruit 100% Fruit Juice	Yogurt Vanilla Graham Bear Fresh Fruit 100% Fruit Juice Or Oat Meal	Maple Waffles Fresh Fruit 100% Fruit Juice	Strawberry Yogurt Cheerios Mix Apple Sauce 100% Fruit Juice Or Honey Chicken on a Biscuit
20	21	22	23	24
Blueberry Muffin Top Fresh Fruit 100% Fruit Juice Or Hot Grits	Triple Berry French Toast Fresh Fruit 100% Fruit Juice	Multi Grain Cheerio Bar Fresh Fruit 100% Fruit Juice Or Hot Oat Meal	Chocolate Chip French Toast Applesauce Cups 100% Fruit Juice	Pancakes Fresh Fruit 100% Fruit Juice
27	28	29	30	31
Apple Oat Bar Red Apple 100% Fruit Juice Or Hot Oatmeal	French Toast Fresh Fruit 100% Fruit Juice	Chocolate Chip Oat Bar Fresh Fruit 100% Fruit Juice Or Hot Grits	Strawberry Pancakes Banana 100% Fruit Juice	Blueberry Pomegranate Oat Bar Apple Sauce Cup 100% Fruit Juice Or Chicken on a Biscuit

Daily Option:
Egg & Sausage on a Muffin
Or
Assorted Cereals

Questions about the menu?
Kenyetta Brown
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708-825-2166

For more information or to
"Ask the Dietitian", check



Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork
Menu changes are occasionally necessary. Notice will be given when possible.